

## REGISTRATION FORM

Please **PRINT** the following information and return this section to register.

NAME \_\_\_\_\_

TITLE \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_

EVENING PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

CEU's REQUESTED FOR: \_\_\_\_\_

Registration may be photocopied. Only one person may register per form. **Please register early as space is limited. Check or money order (payable to SHEC)** must accompany registration form.

**Workshop registration fee is \$35. Free CEUs!**

**Registration Deadline:** Friday, March 19. Sorry - no refunds - substitutions permitted. **Please send registration to:**

Carole Scheerbaum  
Extension Agent  
WVU Extension Service  
104 N. Court Street, Room 203  
New Cumberland, WV 26047

**Questions?** Call Carole (304-564-3805)

**Who should attend?** Counselors, social workers, nurses, case managers, teachers, community members, or anyone working with children and families.

## Continuing Education Credits

5 Continuing Education Units (CEUs) will be provided through the WV Prevention Resource Center as an approved provider for the WV Board of Addiction/Prevention (AP09-101), the WV Board of Examiners in Counseling (WVBEC-508), the National Commission for Health Education Credentialing (MEP2479), the WV Board of Examiners for Registered Professional Nurses (WV2001-0366RN) and the WV Board of Social Work Examiners (490097). The WVPRC is funded primarily with federal Substance Abuse Prevention & Treatment Block Grant dollars administered through the WV DHHR's Bureau for Behavioral Health & Health Facilities and Strategic Prevention Framework State Incentive Grant funds administered by the WV Governor's Office via the Division of Criminal Justice Services. Additional information is available at [www.PrevNET.org](http://www.PrevNET.org).

5 hours of continuing education units (CEUs) have been applied for **WV STARS** through the Northern Panhandle Head Start.



### OV SHEC Workshop Sponsors & Planning Committee:

- Adolescent Health Initiative
- Bethany College
- Brooke County Health Department
- Brooke Hancock Family Resource Network
- Northern Panhandle Head Start
- Northern Panhandle Medical Reserve Corps
- Ohio County Family Resource Network
- Right at Home
- Wellness Council of WV
- WV Rural Health Education Center
- WV Prevention Resource Center
- WVU Extension Service
- Wetzel County Family Resource Network
- Wheeling-Ohio County Health Department



*Ohio  
Valley  
Chapter  
of WV  
SHEC*

*Current Trends In  
Community Health:  
“Prevention is Key”*

**March 26, 2010**

**8:30 a.m. – 4 p.m.**

**Mountainside Conference Center**

**Bethany, WV**

**(WV Rt. 88; phone: 304-829-7622)**

The Ohio Valley Chapter of the State Health Education Council invites you to attend a workshop which examines *Current Trends in Community Health – Prevention is Key*.

## PROGRAM OBJECTIVES

Participants will:

- Learn strategies to increase public awareness of potential health threats without creating panic in the community.
- Understand the dynamics of novel illness and social settings.
- Recognize some of the symptoms and signs of the H1N1 and flu virus.
- Understand what to do and who to contact if they suspect the presence of the H1N1/flu virus.
- Recognize the symptoms and signs of prescription drug abuse in children and adults.
- Gain knowledge of the dangers and economic impact prescription drug abuse has on WV families and communities.
- Understand what to do and who to contact if they suspect prescription abuse.
- Discuss the appeal of using depressants, stimulants and/or opioids.
- Understand effects of stress on the mind & body.
- Identify & implement ways to manage stress.
- Identify high risk behaviors that result in increased incidence of STDs.
- Identify the signs/symptoms of the most common STDs.
- Identify ways to protect themselves from STD's.

## ABOUT THE PRESENTERS

**Karen McClain, MSN**, received her master's and undergraduate degrees in Healthcare Administration from Wheeling Jesuit University and her nursing degree from Shadyside Hospital School of Nursing, Pittsburgh. Karen serves as Administrator of Brooke County Health Department and Director of Bethany College Community Wellness Program. She has over 38 years of healthcare experience including 10 years with public health in which she developed and implemented many community health promotion programs including pandemic influenza preparedness.

**John Walters**, received his Bachelors Degree from West Liberty University in Health, Physical Education and Social Studies, completed his Masters Degree in Education Administration at WVU. John currently serves as the coordinator/director of the Northern West Virginia Health Education Center where he coordinates WV Health Science Students Rural Rotations throughout the northern panhandle.

**Anne Martin, MA**, graduated in 1988 from WVU in Counseling. She has taught classes and workshops for trade schools, community groups, teens and professionals. She is currently employed as a Community Development Specialist through WV Prevention Resource Center.

**Carole Scheerbaum, MA, CPS II, CCJP**, Extension Agent from WVU Extension Service, received a MA in Counseling and a BS in Mental Health & Human Services from Franciscan University of Steubenville. She is a certified prevention specialist through the WV Certification Board for Addiction & Prevention Professionals. Carole works to develop, deliver, and provide access to comprehensive, community-based education programs.

**Patricia A. Owens, RN, BSN**, received a BS degree in Nursing from West Liberty State College and has been a registered nurse for the last 32 years. Patty is

certified as a PHN-Pat Nurse through the WV Breast & Cervical Cancer Screening Program & a certified HIV testing counselor through the WV Division of Surveillance & Disease Program. Patty serves as the Director of Nursing of the Marshall County Health Department. Patty is a member of the WV Public Health Association and the WV Public Health Nurses Section.

**Dara Pond** is the Region VI Coordinator for the West Virginia Adolescent Health Initiative. Dara currently coordinates community education opportunities and collaborative efforts fostering positive youth development. Dara received her BA in Education from West Liberty State College and presently holds a WV Professional Teaching Certificate and certifications in Grant Writing, Administration and Evaluation.

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## WORKSHOP AGENDA March 26, 2010

- 8:30 Registration & Information Booths
- 8:55 Welcome & Introductions
- 9:15 **Influenza: Facts & Fears**  
K. McClain & J. Walters/RHEC
- 10:30 Break
- 10:45 **Prescription Drugs in Rural WV**  
A. Martin & J. Walters/RHEC
- 12:00 Lunch (provided on site)
- 1:00 **Stress Management** – C. Scheerbaum
- 2:15 Break
- 2:30 **STD's: Risks, Symptoms, & Prevention** – P. Owens & D. Pond
- 3:45 Questions and Evaluations